



As part of our research and on going desire to provide the best training program for aspiring golf instructors and coaches, we have found a need for more comprehensive courses across different areas of science and golf instruction.

The first course is titled **Stack & Tilt<sup>®</sup> Anatomy** and consists of 1/2 day training in the anatomy of the body, followed by 1/2 day in how the anatomy applies to modelling techniques and Stack & Tilt<sup>®</sup>. This course requires completion of an exam to demonstrate a working knowledge of the class.



As part of my travels and continued research in developing a system for golf, I have come across a number of experts in a wide variety of fields. At the crossroad of understanding the human body, biomechanics, and how they relate to the golf swing, I have met Dr. Robert Bush. Dr. Bush is an expert at bridging these areas. It is in conjunction with Dr. Bush this program was developed.

*“Understanding the machine (human body) leads to; maximising its performance, avoiding damage and a common language of terms to allow effective communication”*

*- Dr. R. Bush*

The **Stack & Tilt<sup>®</sup> Anatomy** training course will be presented by Dr. Bush and myself beginning in late February in Vera, Spain. Followed by later dates worldwide.

*Andy Plummer*

